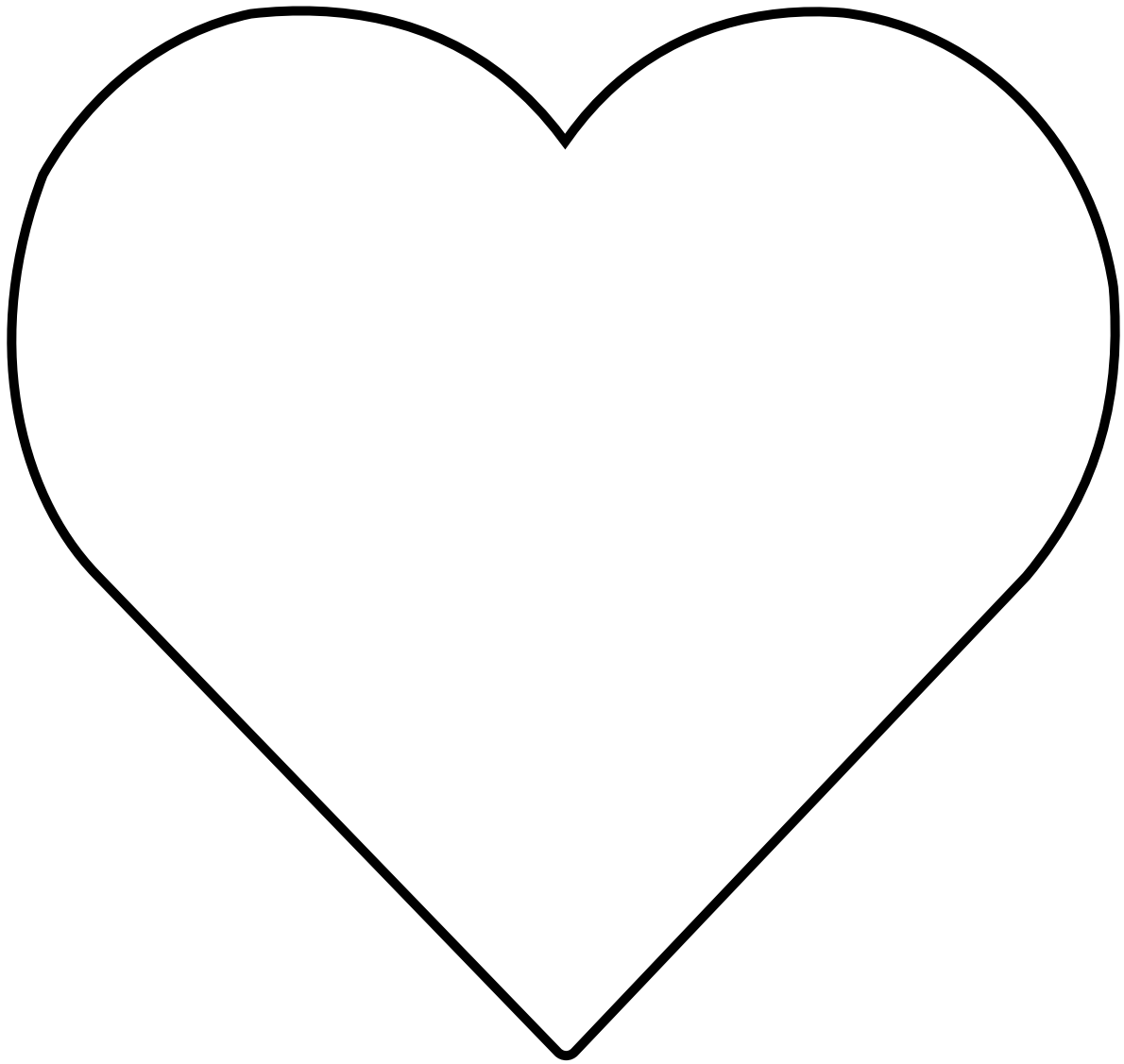
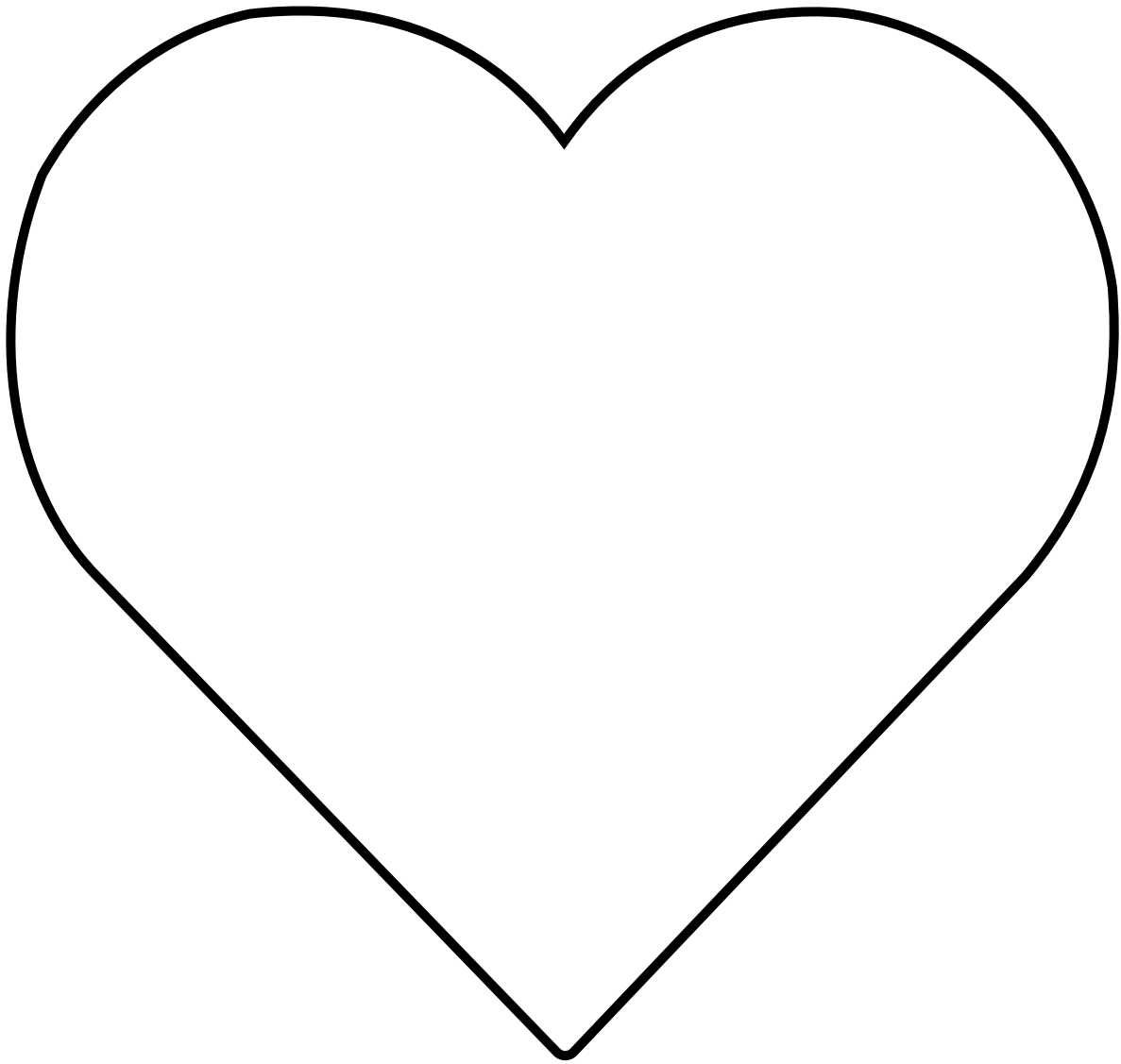


OLD HEART



NEW HEART



INSTRUCTIONS

New Heart Reveal

A simple family craft to teach “The Best Trade Ever.” You can also play the song, The Best Trade Ever as your child does this craft.

What you need

- Two paper hearts (or two heart shapes drawn on paper)
- Crayons or markers
- Stickers or small pieces of colorful tissue paper (Optional)
- Tape or glue

Step 1 – Read the verse together

Read Romans 10:9 with your child.

“Today we are going to learn how Jesus gives us a brand new heart on the inside.”

Step 2 – Explain the idea of the old heart

Show the first heart and say, “This first heart is our old heart. Before we know Jesus, our heart can feel full of wrong choices, sadness, fear, and sin.”

Have your child write “Old Heart” on the first heart and add dark scribbles or write words that represent the old heart.

Step 3 – Introduce the new heart

Show the second heart and say, “This second heart is the new heart Jesus gives us when we believe in Him.”

Have your child write “New Heart” on the second heart.

Step 4 – Decorate the new heart

Let your child decorate the “New Heart” with bright colors, stickers, and colorful tissue paper.

As they decorate, you can say things like, “Jesus gives us joy.” “Jesus gives us peace.” “Jesus makes us clean and new on the inside.”

They can even write words like “joy” “peace” “loved” on the new heart.

Step 5 – Make the reveal flap

Place the “New Heart” on top of the “Old Heart”

Line them up and tape or glue only along the top edge so the new heart lifts like a flap and the old one is underneath.

Show your child how they can lift the flap to see the old heart and close it to see the new heart.

Step 6 – Talk about the Best Trade Ever

Use the hearts as a picture while you explain

“Jesus did not just fix our old heart. He took all the sin and sadness and gave us a brand new heart. That is the best trade ever.”

You can finish with a simple prayer

“Jesus, thank You for taking our old heart and giving us a brand new one. Help us to live as kids who are made new in You. Amen.”